

# COOKING WITH HUGH

HOSTED BY HUGH HARDY



**CARROLL'S™**  
SAUSAGE & COUNTRY STORE



*Featured on Season 3, Episode 7*

## Joe Kem's Meatloaf

- 3 lbs. Carroll's™ Ground Chuck
- 1 c. Chopped Onion
- 1 c. Chopped Bell Pepper
- 1 c. Dry Bread Crumbs
- 3 Eggs
- 2 T Joe Kem's All Purpose Rub
- 1 c Joe Kem's Original BBQ Sauce
- 1 c. Joe Kem's Sweet BBQ Sauce for Glaze

### Directions:

Combine all ingredients. Put in two greased loaf pans. Bake at 350 degrees for 45 minutes. Glaze with Joe Kem's Sweet BBQ Sauce and cook for 5 minutes more.

Guest: Jay Lacey

[JoeKemsBBQ.com](http://JoeKemsBBQ.com)

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